

# IMPACT SOLUTIONS EMPLOYEE ASSISTANCE & WORK/LIFE PROGRAM

## IMPACT on the Web



SEARCH

Assistance? 1-800-227-6007



Featured this month:  
Internet Safety

WEBINAR

TIPS

RESOURCES

### Welcome

Welcome to IMPACT on the Web, the new and improved IMPACT EAP work/life site with enhanced mobile and search capabilities. The IMPACT Employee Assistance Program (EAP) offers confidential support, 24/7, for you and your household members, dependents living away from home, and parents & parents-in-law. To learn more about what IMPACT provides click [here](#) or call 800-227-6007.

You can also e-mail your account manager with non-urgent questions by clicking [here](#) or simply call the toll-free hotline at 800-227-6007.

We believe that no challenge is too difficult to overcome with the support of qualified professionals and appropriate resources, and we are here to help guide you through life.

Sincerely, The IMPACT Solutions Team



## Website Features:

- Easy to Navigate Centers
- Mobile Friendly Access  
Connect anywhere using your smartphone, tablet, and other mobile devices
- Individualized Employee Login Option  
Store your favorite content
- Over 20,000 Resources  
Health, resilience, emotional wellbeing, finances, legal issues, relationships, personal & professional development, and much more
- Tools & Resources  
Including self-assessments, videos, quizzes, over 60 training courses, articles, calculators, and more
- Regularly updated content  
Vetted resources and links to help you stay informed

**Did you know...** Your IMPACT website is mobile friendly and provides a wide range of resources that will help you and your family build resilience and manage life challenges?

[www.MyImpactSolution.com](http://www.MyImpactSolution.com)

**Need Assistance? Forgot your login? Give us a call at 800-227-6007**



TOLL-FREE: 800-227-6007  
WEBSITE: [www.MyImpactSolution.com](http://www.MyImpactSolution.com)